

Purpose: Instruction in the appropriate and safe use of monitoring equipment.

Cross Referencing: Introducing Patients to Telemonitoring, Patient Monitor and Accessories Handout

Materials: Monitor and accessories with installation documents in transport container.

Contraindications/Restrictions:

- Client is physically and cognitively unable to learn process and has no willing and able caregiver
- Client is combative/displays behavioral problems
- Client is living in a residence unsafe for home monitoring
- Monitors are at risk of infestation or other damage

Procedure Description:

Patient Instruction

1. Demonstrate use of each piece of equipment, then have client practice placing BP cuff, finger sensor, standing on scale and touching the keys.
2. Let the client know what to expect: preset report time, sequence of verbal prompts, keys to push, spoken vitals (if programmed) questions and reminders and verbal or visual education responses (if programmed)
3. Emphasize no personal data is transmitted and no phone charges to the user, data will be reviewed and the patient may receive a call following transmission.

Complete a Monitor Session

1. Press RETEST and allow patient to follow voice prompts.
2. Observe safety and technique.
3. When stepping on scale. Feet should be toward center of scale, and remain motionless during scale use.
4. Transmit data via phone line or a communication device (GPRS)
5. Watch monitor display screen for **TRANSMIT SUCCESS**
6. Confirm receipt of data at LifeStream
7. Explain visual display when readings appear after transmit success
8. Record readings in client log – if appropriate
9. Ask if client has any questions
10. Ask if client would like to practice again
11. Review acknowledgment and agreement document, obtain signature and leave copy in the home
12. Conclude onsite installation.
 - Review what to expect the next day
 - Provide positive reinforcement and respond to additional questions
 - Point out contact information

Post installation communication

1. Follow process for returning completed documents.
2. Report installations that could not be completed and reasons
3. Report patient specific in-home situations affecting readings