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|  | Telehealth Tools |
| | Obtaining Accurate Weight Readings |

Weight

Installation and Client Considerations

At install:

- Position scale on a hard surface, may be on indoor/outdoor carpet.
- First, set up the scale in a safe location. Attach the cable before powering up the monitor.
- Make sure that the scale is in the proper location. Moving the scale is not recommended once you power up. Place the scale near a wall or table on a flat, stable surface to allow the client to step up, onto the center safely without leaning too much.
- If using a wireless (Bluetooth enabled) scale, please place the scale within 30 feet (10 meters) from the monitor. Anything between the scale and the monitor, such as walls or other obstructions, or placing scale more than 30 feet away from the monitor may result in signal loss.
- For stability instruct the patient to stand still in the **middle of the scale**. Stepping or standing on the edge may cause the scale to tip and possibly result in personal injury.
- For measurement accuracy **do not step onto the scale until instructed** by the monitor, do not move while the scale collects the patient's weight, and wait to step off the scale when prompted according to scale type.

Assess the Following:

- Client is safe to use the scale if he/she can step on, balance and step off scale when prompted
- Client is stepping onto the center of the scale.
- Client must be able to stand on a scale without support, without wavering for the time that it takes the monitor to collect a weight reading.
- Client is not leaning on furniture, walker, cane, the wall, or another person.
- Client is weighing at the same time (monitor session or retest) with approximately same type of clothing.